

ROPES / CHALLENGE COURSE

LOW ELEMENTS

The “**lows**” are a set of 12 individual challenges, or “elements”, constructed from logs, cables, ropes, platforms, etc. Each element presents a different challenge. The group must figure out the best and safest way to accomplish their set goals. The elements are designed to teach the group to trust, communicate effectively, work together, develop leadership, and be responsible for one another. Each element also has Biblical and spiritual applications. We can tailor the experience to go along with your retreat or camp focus.

HIGH ELEMENTS

The “**highs**” are more of an individual challenge; building self-confidence, learning to trust, overcoming fears, etc. The elements include: climbing a pole and soaring through mid-air to grab a trapeze bar, scaling our rock wall, strolling across various cables, maneuvering through our vertical playpens, conquering the incline log, flying down one of our dual “zip-lines” and much more. This is all done from 20 to 35 feet above the ground. All participants are harnessed into a “belay system” of ropes to prevent him or her from falling to the ground. Going through the low elements is helpful in preparing an individual for high elements.

AVAILABILITY & GROUP SIZE

The ropes course is available year-round. Anyone 13 or older may participate. The ideal group size is 12 to 15 – it can fluctuate a little either way. Understand that we can accommodate several of these group sizes – you may need to split your entire group into smaller groups. Large groups of 75 or more are difficult to take through the entire course.

MINIMUM FEE

The minimum fee per group for challenge course use will be based upon 15 participants or 75% of the number of participants booked, whichever is greater.

FACILITATORS

We have trained, certified staff members to lead your group through the course. If your group number changes from your contracted number, please notify us so that we can adequately staff the course.

FOR SUMMER CAMPS

Throughout the week of camp, a sign up will be held at lunch for 25 participants. These 25 participants should then come to the ropes course during group free time.

HOW MUCH TIME?

Lows: plan 2 hours per group. We can run 4 groups simultaneously if we have the assigned staff. Highs: a minimum of 3 hours for up to about 30 people – the more people, the longer it will take.

WHAT TO WEAR?

Tennis shoes or hiking shoes with good, thick soles are best. Sandals or slick soled boots are very dangerous on the ropes course. Shirts that can be tucked in are best. Short, baggy, loose-fitting shirts can be very embarrassing as one maneuvers through the elements. Shorts or jeans are best. Overall, dress comfortably. Just understand that those participating will be wearing a seat harness and may be 30 feet in the air at times with people on the ground looking upward.